

KFC

MENU

 Search our menu

*The average adult daily energy intake is 8700 kJ.

Information correct as at September 2023

- FEATURED
- OFFERS
- BURGERS
- BOXED MEALS
- CHICKEN
- SNACK HACKS
- PROTEIN PICKS
- SHARED MEALS
- TWISTERS & BOWLS
- GO BUCKETS & KIDS MEALS
- EVERYDAY VALUE
- SIDES & DESSERTS
- COLD DRINKS

FEATURED OFFERS

	Energy (kJ)	
Liquid Gold Zinger® Box - Regular	6863	More Info
Christmas in July Feast	29077	More Info
Giant Liquid Gold Sauce	2574	More Info
Footy Feed - Regular	10495	More Info

BURGERS

	Energy (kJ)	
Original Crispy Burger	1874	More Info
Original Crispy Burger Combo - Regular	3065	More Info
Original Crispy Bacon & Cheese Burger	2384	More Info
Original Crispy Bacon & Cheese Burger Combo - Regular	3576	More Info
Original Crispy BBQ Bacon Stacker® Burger	3526	More Info
Original Crispy BBQ Bacon Stacker® Burger Combo - Regular	4717	More Info
Double Tender™ Burger	1882	More Info

Start Order

Double Tender™ Burger Combo - Regular	3073	More Info
Zinger® Burger	1874	More Info
Zinger® Burger Combo - Regular	3066	More Info
Zinger® Bacon & Cheese Burger	2298	More Info
Zinger® Bacon & Cheese Burger Combo - Regular	3489	More Info
Zinger Stacker® Burger	3082	More Info
Zinger Stacker® Burger Combo - Regular	4273	More Info
Zinger® Crunch Burger	2378	More Info
Zinger® Crunch Burger™ Combo - Regular	3570	More Info

BOXED MEALS

		Energy (kJ)
Liquid Gold Zinger® Box - Regular	6863	More Info
Zinger® Burger Box - Regular	4289	More Info
Mega Chicken Box - Regular	5875	More Info
Original Crispy Burger Box - Regular	4316	More Info
Original Crispy Bacon & Cheese Burger Box - Regular	4826	More Info
Original Crispy BBQ Bacon Stacker® Burger Box - Regular	5968	More Info
3 Piece Box - Regular	4858	More Info
Original Tenders™ Box - Regular	4271	More Info
Zinger® Bacon & Cheese Burger Box - Regular	4713	More Info
Zinger Stacker® Burger Box - Regular	5497	More Info
Zinger® Crunch Burger™ Box - Regular	4793	More Info
Original Crunch Twister® Box - Regular	4632	More Info

CHICKEN

Energy (kJ)

3 Pieces Wicked Boneless	1434	More Info
3 Pieces Wicked Boneless Combo - Regular	2626	More Info
6 Pieces Wicked Boneless	2868	More Info
6 Pieces Wicked Boneless Combo - Regular	4060	More Info
1 Piece of Chicken	984	More Info
3 Pieces of Chicken	2951	More Info
3 Piece Combo - Regular	4142	More Info
6 Pieces of Chicken	5901	More Info
21 Pieces of Chicken	20654	More Info
Original Crispy Fillet Piece	936	More Info
Zinger® Fillet Piece	936	More Info
Snack Popcorn Chicken	1009	More Info
Snack Popcorn Chicken® Combo - Regular	2201	More Info
Regular Popcorn Chicken	1644	More Info
Regular Popcorn Chicken® Combo - Regular	2835	More Info
Maxi Popcorn Chicken	3014	More Info
Maxi Popcorn Chicken® Combo - Regular	4205	More Info
3 Wicked Wings	1629	More Info
3 Wicked Wings® Combo - Regular	2821	More Info
6 Wicked Wings	3259	More Info

6 Wicked Wings® Combo - Regular	4450	More Info
10 Wicked Wings	5431	More Info
10 Wicked Wings® Combo - Regular	6623	More Info
3 Original Tenders	1803	More Info
3 Original Tenders™ Combo - Regular	2994	More Info
5 Original Tenders	3194	More Info
5 Original Tenders™ Combo - Regular	4385	More Info
6 Nuggets	1324	More Info
6 Nugget Combo - Regular	2515	More Info
10 Nuggets	2298	More Info
10 Nugget Combo - Regular	3489	More Info

SNACK HACKS

		Energy (kJ)
Giant Liquid Gold Sauce	2574	More Info
Regular Chips	1186	More Info
Original Pepper Mayo Slider	1125	More Info
Original BBQ Slider	1012	More Info
Original Supercharged Slider	1082	More Info
Snack Popcorn Chicken	1009	More Info
3 Nuggets	525	More Info
1 Piece of Chicken	984	More Info
Double Chocolate Mousse	1490	More Info
Pepsi Freeze	734	More Info

Mountain Dew Freeze	782	More Info
Raspberry Freeze	760	More Info
Regular Pepsi Max	6	More Info
Regular Pepsi	434	More Info
Regular 7Up	695	More Info
Regular Mountain Dew	439	More Info
Regular Solo	780	More Info
Regular Sunkist No Sugar	8	More Info
Bottled Water	0	More Info
Sparkling Water	0	More Info

PROTEIN PICKS

	Energy (kJ)	
Zinger® Protein Pack - Regular	2896	More Info
Zinger® Protein Bowl	2309	More Info
Zinger® Protein Bowl Combo - Regular	3500	More Info
Chris' Big Bro Combo - Regular	2400	More Info

SHARED MEALS

	Energy (kJ)	
Christmas in July Feast	29077	More Info
Footy Feed - Regular	10495	More Info
Family Feast	17280	More Info
Value Feast	11637	More Info

Burger Feast	15206	More Info
Giant Feast	27838	More Info
Mega Burger Feast	22719	More Info
Delivery Feast	17199	More Info

TWISTERS & BOWLS

	Energy (kJ)	
Zinger® Crunch Twister	2435	More Info
Zinger® Crunch Twister® Combo - Regular	3626	More Info
Original Crunch Twister	2164	More Info
Original Crunch Twister® Combo - Regular	3355	More Info
Zinger® Crunch Bowl	1738	More Info
Zinger® Crunch Bowl Combo - Regular	2930	More Info
Original Tenders™ Crunch Bowl	1687	More Info
Original Tenders™ Crunch Bowl Combo - Regular	2879	More Info
Zinger® Protein Bowl	2309	More Info
Zinger® Protein Bowl Combo - Regular	3500	More Info

GO BUCKETS & KIDS MEALS

	Energy (kJ)	
Go Bucket® Wicked Boneless	1664	More Info
Go Bucket® Popcorn Chicken	2325	More Info

Go Bucket® 1 Original Tender	1597	More Info
Go Bucket® 2 Wicked Wings	2272	More Info
Go Bucket® 3 Nuggets	1710	More Info
Kids Meal with BBQ Slider	1401	More Info
Kids Meal with Nuggets - Small	2159	More Info
Kids Meal with Snack Popcorn Chicken	2195	More Info

EVERYDAY VALUE

		Energy (kJ)
\$5 Boxfull	3290	More Info
\$10 Boxfull - Regular	3872	More Info
\$15 Boxfull - Regular	5359	More Info
\$24.95 Burger Dinner	10013	More Info
\$24.95 Boneless Dinner	9415	More Info

SIDES & DESSERTS

		Energy (kJ)
Giant Liquid Gold Sauce	2574	More Info
Large Chips	2371	More Info
Regular Chips	1186	More Info
Large Chips	2371	More Info
Regular Chips	1186	More Info
Double Chocolate Mousse	1490	More Info
Crunchy Jalapeno Slaw	802	More Info

Large Potato & Gravy	1094	More Info
Regular Potato & Gravy	267	More Info
Large Coleslaw	1588	More Info
Regular Coleslaw	388	More Info
Regular Gravy	215	More Info
Dinner Roll	449	More Info
4 Dipping Sauces	-	More Info
Dipping Sauces		▼

COLD DRINKS

	Energy (kJ)	
Raspberry Freeze	760	More Info
Pepsi Freeze	734	More Info
Mountain Dew Freeze	782	More Info
Regular Pepsi Max	6	More Info
Regular Pepsi	434	More Info
Regular 7Up	695	More Info
Regular Mountain Dew	439	More Info
Regular Solo	780	More Info
Regular Sunkist No Sugar	8	More Info
Bottled Water	0	More Info
Sparkling Water	0	More Info
Apple Juice	589	More Info
Lipton Peach Ice Tea	395	More Info

Ingredient Information



Individual Item and Promo Nutritional & Allergen Info



Additional Information



Understanding Kilojoules (kJ)



Why We Love Chicken



Keep It Balanced



Choice Is Yours



Helping you make informed choices



Get more information



Menu

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